



**Our topic for the first part of 2020 is:**

***Becoming a Balanced Woman***

**Commencing on Friday 7<sup>th</sup> February at 10.30 and open to women of any age and belief. Bible study will be held in either the prayer room or the chapel, depending on numbers.**

Feb 7 <sup>th</sup>	Where do we get self-worth
Feb 14 <sup>th</sup>	Longing to hear God's voice
Feb 21 <sup>st</sup>	Making Stress work for you
March 6 <sup>th</sup>	Finding Confidence
March 13 <sup>th</sup>	The joy of being content
March 20 <sup>th</sup>	Healthy Body, Healthy Spirit

**Each session requires participants to pre-read an article relevant to the topic.**

**Please speak to Pastor Judi if attending and to be provided with a copy of the articles.**

**Our sessions will usually finish in an hour, however this may change, depending on the discussion time.**

**Pastor Judi**

**Mobile: 0423 375 714.**

**5 Blantyre Avenue Chelsea.**

